



April 16

at The Oasis in Kanata

*A place for caregivers of
people with mental illness*

Maintaining Healthy Relationships

**Glen Cairn United Church
140 Abbeyhill Drive, Kanata
Monday, April 16, 7pm
Free. All welcome.**

Psychologists Dr. Robyn Marquis and Dr. Joanne Bihari of the Ottawa Couple and Family Institute will discuss techniques to nurture and maintain healthy relationships within a family in which one of its members is suffering from a mental illness.